

# Food Safety and Nutrition at School Events

## CLASSROOM

1-Teachers must inspect ALL food(snacks, crafts, party) coming into the classroom to be:

- Peanut and Treenut free
- Smart Snack Compliant: whole grains, low fat, low sugar
- No homemade food

2-Special Events in classrooms(ie class party):

- May bring in food items from pre-approved Classroom Snack List without any additional pre-approval
- For all other food items, submit menu with labels to Suzanne Powell 3 weeks prior to event
- This allows enough time to check labels for peanut/treenut safety, sugar content, fat content
- This is easily submitted via Sign-Up Genius
- Menus not submitted 3 weeks prior will be denied

3-No Nuts Sign

- Sign should be clearly posted in room, and near nameplate outside of door
- Please instruct students on the necessity for peanut/tree nut free classrooms

## CLASSROOM CELEBRATIONS IN CAFETERIA, WEBER CENTER, ROOMS 3 & 4

1-May have foods that are not peanut and tree nut safe, but best practice is to avoid them

2-May have homemade foods, but food allergy children may not have them

3-A peanut and treenut free option must be provided that is:

- Store bought
- Labeled
- Handed to Food Allergic Children by a designated School Employee

## SPECIAL EVENTS CATERED BY CAFETERIA

1-Any social events during the hours of 8:00-3:30 offering food to the student body will be handled by the cafeteria staff.

2-Cafeteria Staff will:

- Provide store bought, labeled, peanut and tree nut free option for Food Allergic Children
- Pre-check labels to be peanut and treenut free, and Smart Snack Compliant
- Labels will be re-checked by Suzanne Powell 3 weeks prior to event
- Items not re-checked by Suzanne will not be used for the event

3-Peanut and Tree Nut free food will be provided for Food Allergic Children and served to them by a designated School Employee

4-Any event outside of school hours (ie Christmas Concert Social) will not be the responsibility of any cafeteria staff or school employee. Parents will assume full responsibility.

\*\*Thank you for keeping our school as safe as possible for our students with life threatening allergies to peanuts and treenuts. I understand that it seems severe. Even for myself, it is requiring a whole new thought process.

I kept the above rules clear and concise and omitted any pleasantries to stress the importance for our need for compliance in this area.

I do appreciate the effort it takes to make these changes. So do our food allergic children and their parents. Please feel free to contact me with any and all questions re: food safety.

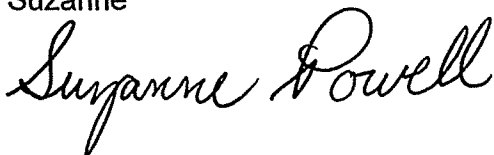
2 Resources that can help in food choices:

<https://snacksafely.com/snacklist-20171108.pdf>

<https://foodplanner.healthiergeneration.org/smart-snacks/>

Kindly,

Suzanne



9/13/18