

Food Safety and Nutrition at School Events

CLASSROOM

1- Teachers must inspect ALL food (snacks, crafts, party) coming into the classroom to be:

- . Peanut and Tree-nut free
- . Smart Snack Compliant: whole grains, low fat, low sugar (crafting food does not have to be Smart Snack Compliant)
- . No homemade food

2- Special Events in the classrooms (class party):

- . May bring in food items from pre-approved Classroom Snack List without any additional pre-approval
- . For all other food items, submit menu with labels to Suzanne Powell 3 weeks prior to event
 - . This allows enough time to check labels for peanut/tree nut safety, sugar and fat content
 - . This is easily submitted via Sign up Genius
- . Menus not submitted in a timely manner may not be approved

3- No Nuts Sign

- . Sign should be clearly posted in room, and near nameplate outside of door
- . Please instruct students on the necessity for nut free classrooms

CLASSROOM CELEBRATIONS IN CAFETERIA, WEBER CENTER, ROOMS 3&4

1- May have foods that are not peanut and tree nut safe, but best practice is to avoid them

2- May have homemade foods, but food allergy children may not have them

3- A peanut/tree nut free option must be provided that is:

- . Store bought
- . Labeled
- . Handed to Food Allergic Children by a designated School Employee

SPECIAL EVENTS CATERED BY CAFETERIA

1-Any social events during the hours of 8:00-3:30 offering food to the student body will be handled by the cafeteria staff.

2-Cafeteria Staff will:

- . Provide store bought, labeled, nut free option for Food Allergic Children
- . Pre-check labels to be nut free and Smart Snack Compliant
- . Labels will be submitted and re-checked by Suzanne Powell 3 weeks prior to event
- . Items not submitted for label check in a timely manner will not be used

3-Nut free food will be provided for Food Allergic Children and served to them by a designated School Employee

4-Any event outside of school hours (Christmas Concert Social, Father Daughter Dance) will not be the responsibility of any cafeteria staff or school employee. Parents will assume full responsibility.

**Thank you for keeping our school as safe as possible for our students with life threatening allergies to peanuts and tree nuts. I understand that it seems severe. Even for myself, it is requiring a whole new thought process.

I kept the above rules clear and concise and omitted any pleasantries to stress the importance for our need for compliance in this area.

I do appreciate the effort it takes to make these changes. So do our food allergic children and their parents. Please feel free to contact me with any questions about food allergy safety.

Two resources that can help in food choices:

<https://foodplanner.healthiergeneration.org/smart-snacks/>

<https://snacksafely.com/snacklist-20171108.pdf>